

Professional Activities *2016-2017*

*Faculty of the Division of
Health and Exercise Science*



Division of Health and Exercise Science

Professional Activities
July 1, 2016 - June 30, 2017

Publications

- **Armstrong, W. Jeffrey.** (2017) Slope of Time-to-maximum Intensity of the Mechanomyograph in the Calf Muscles during Incremental Electrical Stimulation. *Medicine & Science in Sports & Exercise.* 49(5): S580.
- Loprinzi, P. D., Cardinal, B. J., **Cardinal, M. K.**, & Corbin, C. B. (In press). Physical education and sport: Does participation relate to physical activity patterns, observed fitness, and personal attitudes and beliefs? *American Journal of Health Promotion.*
- **Cardinal, M. K.**, & Cardinal, B. J. (In press). Historiography of dance research on the Research Consortium of the American Alliance for Health, Physical Education, Recreation and Dance's annual program, 1965-2014. In L. Y. Overby & B. Lepczyk (Eds.), *Dance: Current selected research* (Volume 9, pp. xxx-xxx).
- **Cardinal, M. K.**, & Cardinal, B. J. (2017). Historiography of dance research in the Research Consortium/Council, 1965-2014. *Research Quarterly for Exercise and Sport*, 88(Suppl. 1), A87. doi: 10.1080/02701367.2017.1295756
- **DeWitt, N.**, LeJeune, M. (2016). A Framework for Connecting Food, Culture, & Health through Children's Literature. *World of Words Stories.*
- Van der Mars, H., **Timken, G.**, & McNamee, J. (In Press). Systematic Observation of Formal Assessment of Students by Teachers (SOFAST). *The Physical Educator.*
- **Timken, G.**, McNamee, J., & Coste, S. (2017). It doesn't seem like P.E. and I love it: Adolescent girls' views of a health club physical education approach. *European Physical Education Review.* DOI: 10.1177/1356336X17706382
- McNamee, J. & **Timken, G.** (2017). Outdoor Pursuits in Physical Education: Lessons from the Trenches, *JOPERD*, 88(3).
- McNamee, J. & **Timken, G.**, Peterson, J., Coste, S., & Tompkins, T. (2017). Adolescent girls' physical activity, fitness and psychological well-being during a health club physical education approach. *European Physical Education Review.* DOI: 1356336X16658882

Presentations – National and International

- **Armstrong, W. Jeffrey.** (2017, June) *Slope of Time-to-maximum Intensity of the Mechanomyograph in the Calf Muscles During Incremental Electrical Stimulation.* Poster, American College of Sports Medicine, Annual Meeting, Denver, CO.

- **Bruce, E., Sellers, S., & Roberts, J.** (2016, July) *Self-Concept and the Impact on the Dimensions of Wellness for Bruce Wayne/Batman*, Comic Arts Conference, San Diego, CA.
- **Cancel-Tirado, D.** (2016, December). *How to find the right mentor: A journey, my journey*. Presentation at the Regional RWJF New Connection Meeting: Uncovering the Institutional Impact of Scholars from Historically Underrepresented Backgrounds, Los Angeles, CA.
- **Cancel-Tirado, D.** (2016, June). *Examining the Well-being of Rural Latino Children: A multilevel Approach*. Presentation at the 3rd Biennial Latina Researchers Conference, San Antonio, TX.
- **Cardinal, M. K., & Cardinal, B. J.** (2017, March). *Historiography of dance research in the Research Consortium/Council, 1965-2014*. Poster to be presented at the annual meeting of the Society of Health and Physical Educators (SHAPE) America, Boston, MA.
- **Cardinal, M. K.** (2016, August). *Creative Dance/Movement for Early Childhood: Part I*. Invited session presented at the Rhythm and Moves, Inc. Conference, San Francisco, CA.
- **Cardinal, M. K.** (2016, August). *Building Blocks to Dancing: Progressing from Locomotor Skills to Dance Steps: Part II*. Invited session presented at the Rhythm and Moves, Inc. Conference, San Francisco, CA.
- **Cardinal, M. K.** (2016, August). *Teaching Dance in Junior High School*. Invited session presented at the Rhythm and Moves, Inc. Conference, San Francisco, CA.
- **DeWitt, N.** 2017, April). *It's Not Just a Meeting": Cultivating a Culture of Community Resiliency through Service Integration.*, Society for Public Health Education, Denver, CO.
- **DeWitt, N.** (2017, May). *Eating Tyroshi Honeyfingers with Daenerys Targaryen: The Rise of Fan Fiction Cookbooks*, 13th International Congress of Qualitative Inquiry, Urbana, IL.
- **Farrell, K.** (2016, Sept./Oct.). *NCAA Faculty Athletics Representative Advanced Leadership Institute Presenter/Facilitator*. Faculty Athletics Representatives/NCAA Staff, Indianapolis, IN.
- **D'Eloia, M., McLachlin, L., Taylor, J., & Vanderbom, K.** (2017). *Innovative programing in adaptive sport*. Oral Presentation, California Parks and Recreation Society Conference and Expo. Sacramento, CA.
- **Taylor, J.** (2016, Oct.). *Youth with Disabilities Vulnerable Populations Initiative*. National Institute of Food and Agriculture, Washington DC, Zoom Presentation, Disability Employment Staff.
- **Taylor, J.** (2016, Dec.) *Youth with disabilities Working Group*. Zoom Presentation. North East Region 4-H Program Leaders.

- **Timken, G.** & students from Western Oregon University. (2017). *Classroom Physical Activity Breaks*. Presentation Northwest Conference on Children’s Physical Education, Portland, OR.

Presentations - State and Local

- **Allen, W.**, (2016, Dec.). Western Oregon University Student Enrichment Program Fireside Chat Faculty Panel, Western University Campus.
- **Cardinal, M.K.** *Conditioning and Periodization of Training for Dancers*, Dancer Wellness Workshop, Dance Program, Western Oregon University.
- **Farrell, K.** (Feb. 2017) *Resistance Training On the Go*, Presentation, Landers Residence Hall, Western Oregon University.
- **Hammermeister, A.**, (2016, Oct.). *Consent Seminar*, WOU Arbor Park Residence Hall.
- **Hammermeister, A.**, (2017, Feb.). *Nutrition Basics Seminar*, WOU Barnum Hall.
- **Hammermeister, A.**, (2017, May). *Gender Stereotyping Seminar*, WOU Barnum Hall.
- **Hammermeister, A.**, (2017, May). *Consent Seminar*, Monmouth Girls Scouts.
- **Kelly, T.** (2016, Oct.). *Fueling the Female Athlete*, Presentation, WOU Women’s Basketball Team.
- **Kelly, T.** (2017, May). *Map and Compass in the Field*, Presentation, South Salem Boy Scout Adult Leaders.
- **Kelly, T.** (2017, Jun.). *Backpacking Oregon*, Presentation, West Salem LDS Young Women.
- **Roberts, J.** (2016, Fall & 2017, Winter). *Health Occupations regarding WOU’s EXS and CHE Programs*, Presentation, Linn-Benton Community College.
- **Sellers, S.** (2017, Feb.). Department of Homeland Security – TSA @ PDX Airport BDO Program off site team building and work group facilitation.
- **Sellers, S.** (2017, May). *Get Leid Luau “Sexpert.”* Presentation, Western Oregon University.

Awards and Recognition

Cardinal, M.K.

- Phi Kappa Phi Honor Society Inductee

Hammermeister, A.

- WOU Abby’s House Woman of the Year 2016-2017

Hautala, B.

- Athletic Department Faculty of the Year 2016-2017

Vala-Haynes, E.

- Phi Kappa Phi Honor Society Inductee

Conferences and Workshops Organized

Timken, G.

- Council for Children's Expanded Physical Education (CCEPE) & Co-Planner 2017, 36th annual conference

External Grants and Contracts

Cancel-Tirado, D.

- Robert Wood Johnson Foundation: New Connections Grant -\$100,000, Ongoing 2015-17

Cardinal, M. K.

- (2016). Travel support to present sessions. Funding provided by Rhythm and Moves, Inc. Amount funded: airfare, land transportation, accommodations, and conference registration.

Faculty Development – Category I and II, Professional Travel

- **Armstrong, W.J.**
- **Bruce, E.**
- **Cancel-Tirado, D.**
- **Cardinal, M.K.**
- **Caster, B.**
- **DeWitt, N.**
- **Hautala, R.**
- **Sellers, S.**
- **Taylor, J.**

Faculty Development – Category III, Major Project/Research (\$3500 each)

- **Taylor, J.**

Faculty Development – Category IV, Re-Assignment for Scholarship

- **Cancel-Tirado, D.**
- **Cardinal, M.K.**

Professional and University Service

Allen, W.

- Regional Seminar Moderator/Presenter PMAA Salem, Oregon, March 2017.
- A Quiet Place (AQP) spiritual retreat residence. Ongoing Advisor for Qigong Practice.

Armstrong, W. J.

- Managing Editor: *Clinical Kinesiology*
- Manuscript Reviewer:
British Journal of Medicine and Medical Research
Journal of Basic and Applied Research International
Journal of International Research in Medical and Pharmaceutical Sciences
Journal of Strength and Conditioning Research
Keystone Journal of Undergraduate Research
Medical & Biological Engineering & Computing
Physiological Reports
- Chair, Institution Review Board
- Member, Academic Requirements Committee

Bruce, E.

- Member, Faculty Development Committee
- Chair, Online Teaching Taskforce
- Member, University Budget Committee

Cancel-Tirado, D.

- Oregon Commission For Women, Governor appointed Commissioner (second term)
- Advisory Board Member, Salud Program: Tuality Healthcare
- National Council of Family Relations, Family Health Section, Secretary/Treasury
- Manuscript Reviewer:
Journal of Men's Health
- Abstract/Program Reviewer, *National Conference of Family Relations Annual Conference*
- Chair Elect, University Diversity Committee
- College of Education Diversity Committee
- Northwest Council on Family Relations Annual Conference
- Advisor, Community Health Students Organization

Cardinal, M. K.

- Academic Infrastructure Committee, Western Oregon University
- University Personnel Review Committee, Western Oregon University
- Student Awards Committee, Division of Health and Exercise Science
- Co-Advisor, Honors Thesis Committee
- Mentor, Faculty Peer Mentoring Program

- Coordinator, Local Home-Schooled Children's Weekly Participation in Physical Education Teacher Education Course
- Program Coordinator, Dancer Wellness Screening and Workshop

Caster, B.

- **IE3 Global - Germany Advisory Board**
- Assistant Coordinator for the **German American Partnership Program (GAPP)**
- Manuscript Reviewer:
International Journal of Exercise Science
Clinical Kinesiology
- Section Editor for *PURE Insights* undergraduate research journal, Western Oregon University
- WOU Commencement Faculty Marshall
- Phi Kappa Phi Honor Society, WOU Chapter 223 Secretary and membership coordinator
- College of Education Assessment Council
- COE Peer Mentoring Program, Peer Mentor to Dr. Jennifer Taylor
- Personnel Review Committee, Division of Health and Exercise Science
- Search Committee Member and Interim chair, Community Health Education Tenure Track Positions
- Interim Chair, Division of Health and Exercise Science, Jan-Feb 2017

DeWitt, N.

- Society of Public Health Educators (SOPHE) 2017 Planning Committee, Co-chair of Events & Awards Committee
- Polk County Community Health Improvement Plan (CHIP)
- Manuscript Reviewer:
Journal of School Health
- Member, Faculty Development Committee
- Friends of the Food Pantry

Farrell, K.

- NCAA Faculty Athletic Representative Advanced Leadership Institute Planning Committee
- WOU Faculty Athletic Representative
- Search Committee Member: HEXS Non-Tenure Track Position
- Co-Chair Director of Athletics Search Committee
- Advisor, Honors Senior Project/Thesis

Hammermeister, A.

- Abby's House Board Member

- Member, COE Diversity Committee
- Co-advisor, Community Health Club

Hautala, R.

- Manuscript Reviewer:
Strategies
Adapted Physical Activity Quarterly
- Abstract/Program Reviewer: *Scholarship of Teaching and Learning Commons*
- Chair, Honors Committee
- Member – Faculty Senate
- Member – COE Peer Mentor Committee
- Member – Interdisciplinary Studies Committee
- Member – Quantitative Literacy PLC Committee
- Member – Maurice Initiative Selection Committee
- Advisor – Two Honors Senior Thesis
- Advisor – Master’s Thesis

Kelly, T.

- At-Large Member, Graduate Studies Committee
- Honors Thesis Advisor - Alexandra Vandenberghe
- WOU HEXS Graduate Student Coordinator
- Faculty sponsor, WOU Outdoor Recreation Club

Massa-Gonzales, A.

- Professional Organization Memberships: ASCA, NCC/NCSC, Shape America

Pedersen, P.

- Abstract/Program Reviewer: Society for Public Health Education
- Manuscript Reviewer:
Health Promotion Practice
- Member, COE Assessment Council
- Member, HEXS Personnel Review Committee
- Member, 1% Art Committee, RWEC
- Chair, Search Committee, Community Health Tenure-Track Positions
- Commencement Ceremony Faculty Marshal
- University Strategic Planning Committee
- Search Committee, Health & Fitness Instructor

Roberts, J.

- Member, General Education Committee
- WOU General Scholarship Essay Reviewer
- Co-Chair, Academic Excellence

Sellers, S.

- Member, Curriculum Committee
- Valley Inquiry Charter School Education Quality and Curriculum Committee
- Facilitator, Oregon Coalition of Prevention Professionals Web Conferences

Taylor, J.

- Oregon Inclusive 4-H Committee
- Working group chair, National Institute of Food and Agriculture 4-H Vulnerable Populations Youth with Disabilities.
- Oregon 4-H Strategic Planning committee: Access Equity and Inclusion
- Western Accessibility Awareness Month Committee (WAAM)
- PURE Committee
- Faculty Senate
- HEXS Curriculum Committee

Thomas, D.

- Marion County Local Alcohol and Drug Prevention Committee
- Chair, HEXS Academic Excellence Sessions
- Chair, Maurice Challenge Initiative
- International Education and Services Committee
- ICSP Scholarship Evaluation Board

Timken, G.

- Manuscript Reviewer:
Journal of Teaching in Physical Education
Journal of Adventure Education and Outdoor Learning
Cogent Education
- Member, Council for Children's Expanded Physical Education (CCEPE) Co-Planner 2017 36th annual conference
- Reviewer, Advisory Board for PE Central: Instant Activity
- University Assessment Facilitation Steering Committee
- University WOU-FT Bargaining Team
- College of Education Diversity Committee
- HEXS, Personnel Review Committee
- Chair, HEXS Health/Fitness Instructor Search Committee

Vala-Haynes, E.

- Manuscript Reviewer:
Journal of Primary Prevention
PLOS ONE
International Perspectives on Sexual and Reproductive Health
- Member, Institutional Review Board
- Member, Search Committee for CHE Tenure-Track Positions