

# *Professional Activities* *2013-2014*

*Faculty of the Division of  
Health and Physical Education*



**Division of Health and Physical Education**  
**Professional Activities**  
**July 1, 2013 - June 30, 2014**

**Publications**

- **Armstrong, W.J.**, J.D. Welch, J.A. Yaggie, F. Borg, and T.W. Beck. (2014). Technical Note: Application of the "Intensity Analysis" to High-Resolution Accelerometry. *Clinical Kinesiology* 68(1):1-8.
- Yaggie, J.A., **Armstrong, W.J.**, Ratz, I.K., McGregor, S.J., (2014). Validation of VO<sub>2Peak</sub> and performance using a SciFit™ Arm Ergometer. *Open Journal of Therapy and Rehabilitation* 2(1):33-37. dx.doi.org/10.4236/ojtr.2014.21007
- Yaggie, J.A., **Armstrong, W.J.**, (2013). Effects of semi-rigid ankle orthoses on tasks related to athletic performance following a bout of fatiguing exercise. *Open Journal of Therapy and Rehabilitation* 1(2):10-16. dx.doi.org/10.4236/ojtr.2013.12003
- Lopez-Cevallo, D., Patton-Lopez, M., & **Cancel-Tirado, Doris I.** (2014). Prevalence and correlates of food insecurity among students attending a midsize rural university in Oregon. *Journal of Nutrition and Education*, 46, 209 – 214
- Settersten, R. A., Day, J., **Cancel-Tirado, D.**, & Driscoll, D. (2014). Fathers' Accounts of Struggle and Growth in Early Adulthood: An Exploratory Study of Disadvantaged Men. *New Directions in Child and Adolescent Development*, 143, 73 – 89.
- **Cardinal, M. K.** (2014). SPICE<sup>2</sup>S: Wellness dimensions applied to dance with advice for teachers. *Journal of Physical Education, Recreation and Dance*, 85(3), 3-7.
- **Cardinal, M. K.** (2014). *Cultural relevance and creative thinking through folk dancing*. Online conference proceedings of the Council for Children's Expanded Physical Education. Available at: <http://www.ccepe.net/CCEPE%20Website%20Materials/2014%20Materials/Handouts/CCEPE2014FolkDanceCardinal.pdf>
- Miller, V., Board, H. Lutz, A., **Timken, G.**, (2014) AAPAR's Bicycle Safety Curriculum (American Association for Physical Activity and Recreation), SHAPE-America.
- **Timken, G.** & Watson, D. (2014). Teaching all kids: Valuing students through culturally responsive and inclusive practice. In J. Lund and D. Tannehill (Eds.) Standards Based Curriculum Development (3<sup>rd</sup> edition). Boston: Jones & Bartlett.

- **Timken, G.**, van der Mars, H., Jimenez-Silva, M., Watson, D., & Ebbeck, V. (2014). Teresa: Mi vida, mi educación, mi futuro: My life, my education, my future. In K. Armour (Ed.), *Pedagogical Cases in Sport, Exercise and Movement-Volume 1: Physical Education and Youth Sport*(pp. #'s TBD). Oxford, England: Routledge.

## Presentations

### **International and National**

- **Bruce, E.A.**,(2013). *Dynamic Systems Theory and The Dark Knight*. Comics Arts Conference, San Diego, CA.
- Murphy, P., Langley, T., **Bruce, E.A.**,(2013). *The Nerd in the Classroom: Using Sci-Fi & Comics To Teach*. Comic-Con International, San Diego, CA.
- **Cardinal, M. K.** (2014, March). *Teaching creative dance*. Invited keynote lecture and workshop presented at the KU Dance Workshop, Department of Physical Education, Kasetsart University, Bangkok, Thailand.
- **Cardinal, M. K.** (2014, March). *Teaching folk dance*. Invited keynote lecture and workshop presented at the KU Dance Workshop, Department of Physical Education, Kasetsart University, Bangkok, Thailand.
- **Cardinal, M. K.** (2014, March). *Teaching aerobic dance*. Invited keynote lecture and workshop presented at the KU Dance Workshop, Department of Physical Education, Kasetsart University, Bangkok, Thailand.
- **Cardinal, M. K.** (2014, March). *Teaching social dance*. Invited keynote lecture and workshop presented at the KU Dance Workshop, Department of Physical Education, Kasetsart University, Bangkok, Thailand.
- **Cardinal, M. K.** (2014, March). *Teaching Pilates*. Invited keynote lecture and workshop presented at the KU Dance Workshop, Department of Physical Education, Kasetsart University, Bangkok, Thailand.
- Boonchai, K., **Cardinal, M. K.**, & Soachalerm, A. (2014, March). *Folk dance*. Series of five invited workshops presented at the KU Dance Workshop, Department of Physical Education, Kasetsart University, Bangkok, Thailand.
- **Kirby, S.** (2013, July 3-7<sup>th</sup>). *The practice and inclusion teaching styles: Self-determined motivation and needs satisfaction*. International Association of Physical Education in Higher Education (AIESEP) Annual Conference, Warsaw, Poland.
- **Kirby, S.** & Byra, M. (2013, July 3-7<sup>th</sup>). *Students' perceptions of the practice and inclusion styles of teaching*. International Association of Physical Education in Higher Education (AIESEP) Annual Conference, Warsaw, Poland.

- **Maty S.C.** (2013). Burden of type 2 diabetes among older people in Ireland: Findings from The Irish Longitudinal study of Ageing (TILDA). American Public Health Association Annual Meeting, Boston, MA.

## **Presentations**

### **State and Local**

- **Asleson, E. M.** (April, 2014). *Kickbox/Self-Defense*. Womens' Health Week, WOU.
- **Cancel-Tirado, D.,** & Bixenstein, A. (2014, April). *Communities fostering parent success: The strengthening of parenting education programs with the social determinants of health framework*. Presentation at the Northwest Council of Family Relations Annual Conference, Portland, OR.
- Timken, G., Cianetta, M., McMahan, E., **Cancel-Tirado, D.,** Farrell, K., McNamee, J., LaBounty, P. (2013, November). *Effects of physical activity on math performance and positive psychological well-being of grade 6 students*. Presentation at the Oregon School Board Association Annual Convention, Portland, OR.
- **Cancel-Tirado, D.,** & Harvey, S. M. (2013, October). *A family to plan: The interaction of fatherhood status and partners in the sexual and reproductive health of Mexican immigrant men*. Presentation at the Oregon Public Health Association Annual Conference, Corvallis, OR.
- Patton-Lopez, M., Newell-Ching, M., **Cancel-Tirado, D.,** & Polanco, K. (2013, October). *Improving health equity through community food systems*. Presentation at the Oregon Public Health Association Annual Conference, Corvallis, OR.
- **Cardinal, M. K.** (2014, February). *Cultural relevance and creative thinking through folk dancing*. Session presented at the Council for Children's Expanded Physical Education Conference, Beaverton, OR.
- **Cardinal, M. K.** (2014, January). *Ballroom dancing*. Session presented at the Health and Physical Education Higher Education Conference, Silver Falls, OR.
- **Cardinal, M. K.** (2013, October). *Comparison of U. S. and Hong Kong dancers' perspectives on wellness*. Poster presented at the Oregon Association for Health, Physical Education, Recreation, and Dance Conference, Albany, OR.
- **DeWitt, N.** (2013). *Western Oregon University: Building Future Leaders in Rural Polk County*. Guest lecture, Ford Institute Leadership Program, The Ford Family Foundation, Dallas, Oregon.
- **DeWitt, N.** (2013). *Never fry bacon naked: The role of food in romantic encounters*, Presentation at the WOU Food Day.

- **Hammermeister, A.** (2014). *Green dot bystander training*. Men's Lacrosse Team, Western Oregon University, Oregon.
- **Hammermeister, A.** (2014). *Sex Bowl 2*. Residence Halls, Western Oregon University, Oregon.
- **Kelly, T.** (2014). *Cardiovascular disease: nutritional and exercise interventions*. Staff and Faculty Wellness, Central School District, Oregon.
- **Kelly, T.** (2014). *Current women's nutritional controversies*. LDS Women's Relief Society, Salem Region, Oregon.
- **Kelly, T.** (2013). *Nutritional issues for college women athletes*. Western Oregon University Women's Basketball, Monmouth, Oregon.
- **Kelly, T.** (2013). *Winter camping and survival training*. Boy Scouts of America, Salem Area, Cascade Pacific Council, Oregon.
- **Kelly, T.** (2013). *Orienteering with map and compass*. Boy Scouts of America, Salem Area, Cascade Pacific Council, Oregon.
- **Kirby, S.** (2013). *The Practice and Inclusion Teaching Styles: Student Perceived Involvement and Style Preference, Self-determined Motivation, and Needs Satisfaction*. College of Health Sciences Student Research Competition (Poster Presentation), University of Wyoming, Laramie, WY.
- **Marquez, T.** (2014). *Stress management for leaders: 10 scientific ways to increase your happiness and boost your immune system*. Western Oregon University Leadership Conference. Western Oregon University, Oregon.
- **Taylor, J., Morgan, J.** (2013). *How physical education teachers can utilize paraprofessionals in an inclusive setting*. Oral presentation at the Oregon SHAPE 2013 conference. Albany, Oregon
- **Taylor, J.** (2013). *Modifying and adapting physical activity for youth with disabilities*. Oral presentation at the Oregon Afterschool Conference. Salem, Oregon.
- **Timken, G., Ciancetta, M., McMahan, E., Cancel-Tirado, D., et al.** (February 2014). *Effects of physical activity on math performance and positive psychological well-being of grade 6 students*. Presented at the 2014 Oregon Association of Teacher Education conference, Monmouth, OR.
- **Timken, G. & McNamee, J.** (February 2014). *Optimizing a student's ability to learn in order to maximize instruction time: What are we waiting for?* Presented at the 2014 Oregon Association of Teacher Education conference, Monmouth, OR.

- **Timken, G.** (February 2014). *Throw tennis: Teaching tactics through game play*. Presented at the 2014 Northwest Conference on Children's Physical Education, Portland, OR.
- **Timken, G.**, Ciancetta, M., McMahan, E., **Cancel-Tirado, D.**, et al. (December 2013). *Effects of physical activity on math performance and positive psychological well-being of grade 6 students*. Presented at the 2013 Oregon School Boards Association conference, Portland, OR.
- **Timken, G.**, Ciancetta, M., McMahan, E., **Cancel-Tirado, D.**, et al. (November 2013). *Effects of physical activity on math performance and positive psychological well-being of grade 6 students*. Presented at the Central School District December 2013 meeting, Monmouth, OR.

### **Awards and Recognition**

#### **Cancel-Tirado, D.**

- Selected member of the Honor Society of Phi Kappa Phi 2014  
Western Oregon University Academic Faculty Advisor of the Year Nominee, 2013-2014

#### **Cardinal, M.K.**

- Robert J. Ritson Honorary Life Award, Oregon Association for Health, Physical Education, Recreation, and Dance, October, 2013.

#### **Hammermeister, A.**

- Western Oregon University Academic Faculty Advisor of the Year Nominee, 2013-2014

### **Conferences and Workshops Organized**

#### **Cancel-Tirado, D.**

- Conference organizer for the Northwest Council on Family Relations Annual Conference.
- Organized two Poverty Simulations, one for Martin Luther King Jr.'s Week and another one with the OHSU Nursing Program.
- Organized the first celebration of the National Public Health Week at WOU.

#### **DeWitt, N.**

- Organizer, WOU Food Day

#### **Marquez, T.**

- Organized the Wolfpack Dance Clinic and Showcase. Western Oregon University Dance team. Western Oregon University. (2014)

- Presented a workshop, *Stress Management for Teachers and Office Staff: Basic Relaxation and Breathing Techniques for Stress Management*, to teachers and staff at Chemeketa Community College, Dallas Campus.

**Maty, S.C.**

- Facilitator for the Alzheimer's Association's Public Health Symposium, titled, "Healthy Brains in Oregon: The Dementia/Public Health Connection," Portland, Oregon, April, 2014.

**Timken, G.**

- Presented two-day training. NASPE PIPEline K-12 Instructional Strategies at St. Vrain School District, Longmont, CO (October 2013). K-12 Instructional Practices.

**External Grants and Contracts**

**Cancel-Tirado, D.**

- Meyer Trust Award to Casa Latinos Unidos of Benton County – \$15,000 award, 2013

**Western Oregon University Grants**

**Faculty Development – Category I and II, Professional Travel**

- Allen, W.
- Bruce, E.A.
- Cancel-Tirado, D.
- Cardinal, M.K.
- Farrell, K.
- Hautala, R.
- Maty, S.C.
- Roberts, J.
- Sellers, S.
- Taylor, J.
- Thomas, D.
- Wisniewski, L.

**Faculty Development – Category III, Research**

- Cardinal, M.K.
- DeWitt, N.
- Maty, S.C.

**Faculty Development – Category IV, Re-assignment for Scholarship**

- Caster, B.
- DeWitt, N.

- **Maty, S.C.**

### **Service to the Profession**

#### **Armstrong, W.J.**

- Managing Editor: *Clinical Kinesiology*
- Manuscript Reviewer: *Clinical Kinesiology, Journal of Electromyography and Kinesiology, Journal of Sport and Health Science, Medicine and Science in Sport and Exercise, Muscle & Nerve*

#### **Cancel-Tirado, D.**

- Member, Board of Directors, *Casa Latinos Unidos of Benton County*
- Reviewer, *National Council on Family Relations Conference*
- Elected Secretary/Treasurer *Family Health Section, National Council on Family Relations, 2014-2016*
- Elected Oregon Representative, *Northwest Council on Family Relations 2012-2014*

#### **Cardinal, M.K.**

- Editorial Board Member, *Journal of Physical Education, Recreation and Dance*, Society for Health and Physical Educators (SHAPE America)
- Leadership Team and Writing Team Member, *Oregon Dance Content Standards*, Oregon Partnership for Arts Learning Standards, Oregon Alliance for Arts Education and Oregon Department of Education

#### **Caster, B.**

- Manuscript Reviewer, *Medicine and Science in Sport and Exercise*
- Board member, OUS Germany Advisory Board, representing the interests of WOU and OUS students within the OUS/Baden-Württemberg (Germany) exchange program.
- Member, 45<sup>th</sup> Anniversary Delegation Visiting planning committee for the OUS/Baden-Württemberg (Germany) exchange program, to including campus visitation to WOU in September 2013.
- Assistant Coordinator for the German American Partnership Program (GAPP) high school international exchange between Corvallis High School and Hochrhein Gymnasium (Germany), including 4 week visit with 15 students to Germany in July, 2013.
- Visiting Faculty and guest lecturer, Pädagogische Hochschule Ludwigsburg (Ludwigsburg Educational University), Germany in July, 2013.
- Interview committee member for the ASSE International Congress-Bundestag Youth Exchange (youth exchange and scholarship program sponsored by United States Congress and the Federal Republic of Germany Bundestag)

#### **DeWitt, N.**

- Member, Central Service Integration Team (SIT), Monmouth/Independence, OR



- Member, Service Integration Advisory Council, Polk County Family & Community Outreach
- Reviewer, CHI 2014 conference Work-in Progress submissions
- Data Collection Consultant, Central High School (Independence, OR) Teen Parent Program
- Data Analysis Consultant, Polk County Mental Health

**Hautala, R.**

- Manuscript Reviewer, *Strategies*
- Abstract/Program Reviewer – Review of Session Submissions – Session Presider – SoTL Conference, Savannah, GA 03/2014

**Maty, S.C.**

- Section Councilor, Epidemiology Section, American Public Health Association
- Member, Oregon Life Course Research Network (OLCRN)
- Member, Data workgroup, Alzheimer’s Association of Oregon
- Member, Epidemiology and Biostatistics Section, Oregon Public Health Association
- Abstract Reviewer for the American Public Health Association Annual Meeting
- Abstract Reviewer for the Society for Epidemiologic Research Annual Meeting
- Manuscript Reviewer: *International Journal of Epidemiology, Journal of Epidemiology and Community Health, Social Science & Medicine, Nutrition, Metabolism & Cardiovascular Diseases, American Journal of Public Health*

**Pedersen, P.**

- Abstract/Program Reviewer: Society for Public Health Education
- Manuscript Reviewer, *Journal of Health Education*

**Sellers, S.**

- Board Member, Marion and Polk YMCA
- Fundraising Campaigner, Marion and Polk YMCA
- Board Member, Valley Inquiry Charter School PTC (grant writing, curriculum review)
- President, YMCA Camp Silver Creek Alumni Association
- Member of Planning Committee, YMCA at Camp Silver Creek 75<sup>th</sup> Anniversary Celebration
- Consultant for Marion County Health Department, Substance Abuse Prevention Team
- Volunteer for Operation T-Shirt, Polk County CASA

**Timken, G.**

- Reviewer, AAHPERD Research Consortium abstract reviews
- Member, Council for Children’s Expanded Physical Education (CCEPE) & Co-Planner 2014 annual conference
- Reviewer, Advisory Board for PE Central Instant Activity submissions

**Wisniewski, L.**

- Coordinator & Volunteer for Love, Inc. of Benton County Pre-K Closet

## **Service to Western Oregon University**

### **Allen, W.**

- Member, HPE Curriculum Committee
- Faculty Mentor for visiting Chinese Scholar Hu Fang, Cheng Du University, Chengdu, China. January 2014 - June 2014.

### **Bruce, E.A.**

- Member, Faculty Development Committee

### **Cancel-Tirado, D.**

- Member, University Diversity Committee
- Member, Faculty Senate
- Member, CHE Faculty Search Committee 2014
- Acting Division of Health and Physical Education Co-Chair, Spring Term 2014
- Founder and Advisor, Community and Family Health Student Organization

### **Cardinal, M.K.**

- Participant, Dance Major Interviews, Dance Program
- Presenter, Pilates Workshop, Residence Hall Programs
- Mentor, COE Peer Mentoring Program for Natalie DeWitt and Stephanie Kirby
- University Personnel Review Committee, WOU
- Faculty Development Committee, WOU
- Student Awards Committee, Division of Health and Physical Education
- Advisor, Social Dance Club

### **Caster, B.**

- Coordinator, Exercise Science Program
- Acting Division of Health and Physical Education Co-Chair, Spring Term 2014
- Chair, Search Committee for the Dean of the College of Education
- Mentor for Dr. Jennifer Taylor, COE Peer Mentoring Program
- Executive Committee Member, PURE (Program for Undergraduate Research Experiences)
- Member, Academic Excellence Showcase Planning Committee
- Member, College of Education Assessment Council
- Member, Division of Health and Physical Education Personnel Review Committee
- Member, Division of Health and Physical Education Curriculum Committee
- Secretary, WOU Chapter of Phi Kappa Phi honor society
- Member, Commencement Ceremony Faculty Marshals

### **DeWitt, N.**

- Member, Food Day Committee

- Member, Faculty Development Committee
- HPE Session Chair, Academic Excellence 2014

**Farrell, K.**

- Faculty Athletics Representative
- Volunteer – Poverty Simulation
- Volunteer – Residence Hall Presentation on avoiding the Freshman 15

**Hammermeister, A.**

- Member, CASA Grant Committee
- Co-Advisor, Green Dot Club
- Library Liaison for Division of Health and Physical Education
- Advisor, Green Dot Student Teams for Psychology of Leadership class

**Hautala, R.**

- Member – Faculty Senate and Senate Executive Committees
- Chair, Honors Committee
- Member – Werner Center Advisory Committee
- Member – Technology Extended Campus Committee
- Member – Maurice Initiative Selection Committee
- COE Representative at OUS Talks Conference
- Member – COE Peer Mentoring Committee

**Kelly, T.**

- Member, Faculty Senate Graduate Committee
- Graduate Coordinator, HPE
- Member, Masters Portfolio Committee, WOU (Alicia Krueger)
- Member, Masters Professional Project Committee, WOU (Nathan Pratt)
- Faculty sponsor, WOU Outdoor Recreation Club
- Member, CHE Faculty Search Committee
- Faculty Representative for Exercise Science Lab Promotional Film

**Maty, S.C.**

- Member, Richard Woodcock Educational Center Building Committee
- Division Representative, WOU Faculty Senate/WOUFT Joint Committee on Faculty Evaluation
- Member, Search Committee, Community Health Tenure Track
- Member, Graduate Committee for Nathan Pratt, Master of Education, Health focus
- Mentor, Honor's Thesis for Hayley Dickinson

**Pedersen, P.**

- COE Assessment Council
- COE Consortium
- HPE Personnel Review Committee

- SEP Advisory Committee
- Chair, Search Committee, Community Health Tenure Track
- Member, Search Committee, Dean, College of Education
- Member, Richard Woodcock Educational Center Building Committee
- Mentor, COE Peer Mentoring Program

**Roberts, J.**

- Academic Excellence Co-Chair
- Faculty Representative, Student Health Advisory Committee
- Member, HPE Curriculum Committee

**Sellers, S.**

- Member, Abby's House Board of Directors

**Taylor, J.**

- Member, Martin Luther King Jr. Week Planning Committee

**Thomas, D.**

- Coordinator of Academic Excellence Awards for HPE, Spring 2014
- Coordinator for AAHE, Outstanding Undergraduate Health Ed Major Award, Fall 2013

**Timken, G.**

- Member, University, Faculty Senate Academic Infrastructure Committee
- Member, COE Licensure & Clinical Experience Council
- Member, Division of HPE Curriculum Committee
- Member, COE Student Petition Review Committee
- Member, Division of HPE Personnel Review Committee