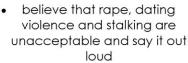
#### GREEN DOT BY THE NUMBERS

a guide to green dot opportunites at wou

listed below are ways that you can perform small acts to create big change at wou. have an idea not listed here? email us!

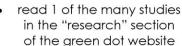


- check out the fb page
- wear green dot gear
- create a gd email tagline

### 5 MINUTES

### 10 MINUTES

- look out for friends at parties
- put the resource numbers from the "get help" page of the website in your cell phone
- tell a friend about gd or share the website with them



 Visit the student health & counseling center to learn more about green dot and how you can help

# 30 MINUTES

## 60 MINUTES

- be part of the club: check out the wou green dot student club meetings (schedule listed on the green dot website)
- sign up for your club/org to receive a presentation for green dot. email crohner@wou.edu

really committed to preventing violence in our community? Get the skills and info you need to be a leader in the green dot community at our training, email us for more info about signing up today!

6 HOURS