Western Oregon UNIVERSITY

Academic Degree Program
2011-12

Major in: **Exercise Science**
Pre-Education Track

Advisor Signature:

Student Name:

Student Signature:

Student ID:

Date:

Major 72 hours, 36 UD	Hrs	Has	Lacks
Required Core Courses (30)			
PE 230 Foundations of Exercise Science	4		
PE 310 Motor Learning	4		
PE 371 Kinesiology *	4		
PE 415 Lifespan Motor Development	4		
PE 444 Lifespan Adapted Physical Activity	4		
PE 470 Sociological & Psychological Aspects	4		
of Physical Activity			
PE 473 Physiology of Exercise	4		
PE 483 Biomechanics	4		
Pre-Education Non-Licensure (43)			
PE 239 Teaching Movement Education	3		
PE 240 Teach Dance in Physical Education	3		
PE 241 Teaching Games I	3		
PE 242 Teaching Games II	3		
PE 243 Teaching Outdoor & Adventure ED	3		
PE 244 Teaching Aerobic Fitness	3		
PE 245 Teach Strength Training & Condition	3		
PE 330 Teaching Methods in Phys ED I	4		
PE 335 Field Experience in Phys ED	1		
PE 430 Teaching Methods in Phys ED II	4		
PE 431 Assessment Strategies in Phys ED	4		
PE 445 Curricular Issues in Phys ED	4		
Choose any two courses from following areas:	4		
Aquatics:			
Eastern Arts:			
Gymnastics:			
Outdoor Recreation:			

Program notes & Additional Degree Requirements			
It is recommended that students take BI 102, and BI 234,235, to fulfill the Natural Science requirement in the LACC. BI 234, 235 and 236 are prerequisites to several major required and elective courses. See course descriptions for specific prerequisite requirements.			
Exercise Science majors must have a grade of C- or better in courses used to satisfy requirements of the major.			
Minimum degree requirements of at least:			
180 or more total credit hours			
62 Upper Division credit hours			
45 of last 60 credits earned at WOU campus			
BA Degree Requirements			
CS 101 or higher			
Math 105 or higher			
Writing Intensive:			
Foreign Language:			
BS Degree Requirements			
CS121 or higher			
Math 111 or higher			
CS/Math/Stats			
Diversity			
Writing Intensive			